

FAREWELLING CHECKLIST: THE FAREWELLING 5

# ADVANCED PLANNING FOR YOURSELF

Welcome! We believe that thinking about—and planning for—end of life is part of living with intention, not to mention being incredibly helpful to family! We've organized tasks into five sections to make it easier to navigate. You can print extra pages if you need them. We suggest flipping through these pages before starting so you can see how it works. It's a time saver!

This **Farewelling Checklist** is the companion to the **Farewelling Worksheet** that follows. The Checklist organizes things, and the Worksheet gives you space to fill in your wishes so you can share them with whomever you choose. Note: you don't have to do everything now, and you can change info any time. Just start somewhere and check something off. Health care docs first maybe? After that, you can deal with contacts or skip to personalizing your *Best. Last. Party. Ever.* 

#### 1. WELL CONSIDERED: KEY DECISIONS

This section is a good place to start. It deals with some essential choices and may spark conversation or require deep breaths or more thought to determine what's right for you.

Fill out key healthcare-related paperwork to be sure that your wishes are known and will be carried out by [the right person. You may not need all five docs!		
<ul> <li>Living Will</li> <li>POLST</li> <li>Power of Attorney (Healthcare Proxy)</li> <li>Durable Power of Attorney</li> <li>DNR/DNI Order</li> </ul>		
Decide if you want to be an organ donor  If so, fill out the paperwork (you can find links on our site or Goog state's website)	gle your	
Choose guardianship for children and/or dependents  Note your instructions and store with any necessary paperwork		
Plan for the care of any pets  Note your wishes and obtain any paperwork or other applicable information such as contact info for the veterinarian	Э	
Create or update your will  Note: It's best not to put your funeral wishes solely in your will as sometimes the will isn't read till later. Record your wishes in your Farewelling Worksheet (it follows this Checklist) and share it!		
See the Well Documented section for a list of key records to gather of a safe place	ınd store in	

#### 2. WELL ORGANIZED: YOUR CONTACT LIST

Finding contact info for important people is one of the most difficult tasks after a death, so putting together a list (and updating it every once in awhile) is a real gift to those you love. This list shows you who to include and you can fill them out on the Farewelling Worksheet that follows if you like. If you prefer, you can print out a list from your digital address book, or store it in the cloud. Just so someone knows where to find the info! We recommend keeping everything together with your Farewelling Worksheet.

Note	e key contact information and store securely with important records
inclu	uding:
	Immediate and extended family
	Loved ones and friends
	Workplace colleagues
	Lawyer
	Accountant
	Landlord
	Member organizations (military, volunteer, civic, religious, etc.)
	Celebrant/Religious Leader

#### 3. WELL DOCUMENTED: IMPORTANT RECORDS

Depending on your personal situation, you'll likely need some combination of the below. It can be good to gather documents and info into one central file for safekeeping, and making an extra set of copies is never a bad idea.

Key Healthcare Documents (see "Well Considered" section above)
Farewelling File/Funeral Plans (including any burial plots, Funeral Savings Accounts or Pre-Paid Arrangements)
Identification Documents (Driver's License, Passport, Birth Certificate)
Social Security Card
Marriage Certificate and/or Divorce Record
Last Will and Testament
Statements for Bank, Retirement, Investment, Credit and Loan Accounts
Passwords and Pin Codes to all Accounts
Deeds or Proof of Ownership for Home, Car, etc.
Business-related Documents
Insurance Policies
Key Contact Info (see Well Organized section above for a List of Key Contacts)

#### 4. WELL REMEMBERED: LEGACY MATTERS

Here are a few points that may apply as you work through your plan. Farther down in the Worksheet you'll find space to write your answers. Note that your choices may need to be updated from time to time. It's a good idea to review your Farewelling File once every year or so.

- Review personal items of value and meaning and make sure they are accounted for in your will (see the Well Considered Section for more)
  - Note the location of and any security info required to access these items
- ☐ Make decisions about what you'd want done with your social media accounts and your presence on other digital outlets (websites, etc.)
- ☐ Mind-blowing Thought Exercise for Self-Growth: Write your own obituary. If you'd like help with that, visit us @myfarewelling.com

#### 5. WELL PLANNED: THE SERVICE AND CELEBRATION

If you do want to plan a service—and/or a celebration—that reflects your wishes, your priorities, and yes, even your style, there are a lot of options. Traditional and religious? Avant-garde and raucous? You may want to find a local provider to help with your pre-arrangements. We do have detailed listings on the myfarewelling.com site. Or you can think through what you want, fill out your wishes in the pages that follow, and share them with whomever you like.

Consider options: burial, cremation or other alternatives
Choose a funeral service style that's right for you (religious, non-traditional, green)  Optional: contact a funeral celebrant or religious leader
<ul> <li>If you want to be buried, you have the option to:</li> <li>Select a burial plot (directly through a cemetery or through a funeral home)</li> <li>Choose a casket that suits your style</li> </ul>
If you want to be cremated, you have the option to:  Decide if you want something special done with your ashes Determine whether you want to pre-pay for your funeral. If yes, you must:  Select a funeral home and contact them Or purchase funeral insurance
If you don't want to pre-pay, but want to record your wishes, you can fill out your Farewelling Worksheet (it follows this Checklist) and share it with your loved ones

# 5. WELL PLANNED: THE SERVICE AND CELEBRATION (CONTINUED)

Tailor	your service to make it truly reflect your values and style
	Write down the names of preferred speakers for eulogy, readings
	Choose readings that inspire you
	If you'd like flowers for the service, note any preferences (color,
	variety, style)
	Select the right music for your service and celebration
	If desired/permitted, note any food and drink preferences
	Note photos you like or other items that you might like displayed
	Select your "final fashion"—clothing and accessories
Persor	nalize a celebration that will make people say, "That was so her."
	Note any preferred venue or style of place (restaurant, garden, etc.)
	Note favorite food/drinks to be served (smoothies? Bourbon?
	Impossible Burgers?)
	Select any favorite décor inspirations for the celebration (flowers,
	photos, etc.)
	Add details (slide show, notes on funny stories, little-known facts you'd
	like shared)
	Optional: Allot a budget for this event and set aside
	Appoint someone to carry out your wishes
Share	your Farewelling Worksheet with that person and possibly with one or
two o	thers, just in case
	<b>+</b>



Celebrating a beautiful life, beautifully

www.myfarewelling.com

# THE PERSONAL



FOR THE FAREWELLING OF

Okay, you've seen the checklist. Now here's a chance—and a simple, streamlined place—for you to follow it through and record your wishes and your important information. Flip through the pages before starting so you see how it's organized. You could scan this document and store it digitally, or you could just put it in a nice file with copies of the records listed in the Well Documented section, then keep it in a safe place (and tell key people where it is just in case).

Take it easy when completing this worksheet. It follows the same format as the checklist above, so just skim down and fill something in as the spirit moves you. You can always come back to sections you skip, after more thought, discussion or research. What's important is to get started. Also, if you find you need more lines for contacts or instructions, feel free to make copies of these pages or add in your own pages with a note to the reader so they'll know where to find things.

	*	: -	
Lerogtod/undate	ed this worksheet on:		
l've chosen an a	mazing person to carry out my w	ishes. Here's their contac	t info:
NAME	RELATIONSHIP	EMAIL	PHONE
If for any reason	they can't do it, here's another a	mazing person:	
NAME	RELATIONSHIP	EMAIL	PHONE

# 1. WELL CONSIDERED: KEY DECISIONS

I have a:
<ul> <li>□ Living Will</li> <li>□ POLST</li> <li>□ Power of Attorney (Healthcare Proxy)</li> <li>□ Durable Power of Attorney</li> <li>□ DNR/DNI Order</li> </ul>
My paperwork is located
I am an Organ Donor: YES / NO
My paperwork is located
I'm donating my body to the following cause:
I have a last will and testament: YES / NO
It was prepared (date)
You'll find it
I don't have an official will, but you can find my final wishes:
☐ In this document
Dr. Elsowhoro

#### MY LIFE INSURANCE

	■ I don't have life insurance		
	☐ I do have life insurance and you can find a copy of my policy attached to this		
	file		
	I've stored my life insurance policy and you can find it		
Insura	nce Company Name		
Policy	Number		
Conto	act Phone/Email		
	iciary		
Deriei			
MY O	THER INSURANCE		
I don'	t have other insurance		
۵	I do have other insurance for and you can find a copy of my policy attached to this file		
۵	I've stored my insurance policy and you can find it		
Insura	nce Company Name		
POIICY	Number		
Conto	act Phone/Email		
D = 10 = f	ioian		

# 2. WELL ORGANIZED: MY CONTACTS

	are some important people in my life. e it easier to get in touch with them.	. I'm including their	contact info to		
	I've filled out the list below for you.				
•	I've typed up the contacts and printed out a paper copy of the list, which is attached to this Farewelling File.				
٠	I've made a digital list of contacts and you'll find it in the following location				
PEOPL	E I'D LIKE NOTIFIED RIGHT AWAY				
NAME	RELATIONSHIP	EMAIL	PHONE		
notes: _					
NAME	RELATIONSHIP	EMAIL	PHONE		
notes: _					
NAME	RELATIONSHIP	EMAIL	PHONE		
notes: _					
NAME	RELATIONSHIP	EMAIL	PHONE		

#### OTHER LOVED ONES AND FRIENDS

NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES.			
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
		<u> </u>	
NOTES:			

#### **WORKPLACE CONTACTS AND OTHER IMPORTANT COLLEAGUES**

NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			

# LAWYER(S) / LEGAL ADVISOR(S)

NAME	ROLE	EMAIL	PHONE
NOTES:			
NAME	ROLE	EMAIL	PHONE
NOTES:			
NAME	ROLE	EMAIL	PHONE
NOTES:			
ACCOUNTANT(	S)/FINANCIAL ADVISOR(S)		
NAME	ROLE	EMAIL	PHONE
NOTES:			
NAME	ROLE	EMAIL	PHONE
NOTES:			

#### LANDLORD

NAME		EMAIL	PHONE
NOTES:			
There ARE / AR	RE NOT other people wl	no have extra keys to my pla	ce
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
notes:			
MEMBER ORGA	ANIZATIONS (military, vo	olunteer, civic, religious, etc.)	
NAME OF ORGANIZAT	TION	CONTACT	
EMAIL	PHONE	MEMBER NUMBER	ID
NOTES:			
NAME OF ORGANIZAT	TION	CONTACT	
EMAIL	PHONE	MEMBER NUMBER	ID
NOTES:			

#### OTHER PEOPLE I'D LIKE TO NOTIFY

NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			
NAME	RELATIONSHIP	EMAIL	PHONE
NOTES:			

#### 3. WELL DOCUMENTED: MY KEY RECORDS AND PAPERS

Here in my Farewelling File, you'll find copies of the following docs and info ☐ Farewelling File/Funeral Plans (including any burial plots, funeral savings accounts or pre-paid arrangements) NOTES: ■ Driver's License Passport ■ Birth Certificate Social Security Card ■ Marriage Certificate and/or Divorce Record(s) To make it easier to organize my accounts, I'm including the following here for you, along with notes about what I'd like you to do. **BANK STATEMENTS/ACCOUNT NUMBERS** Name of Bank/ Institution Account Number Type of Account \_\_\_\_\_ Contact Info Beneficiary Name/Contact

# RETIREMENT ACCOUNT(S)

Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
NOTES:	

# **INVESTMENT ACCOUNT(S)**

Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
NOTES:	

# CREDIT ACCOUNT(S)

Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
NOTES:	

#### LOAN ACCOUNT(S)

Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
notes: _	
Name	e of Bank/ Institution
	Account Number
	Type of Account
	Contact Info
	Beneficiary Name/Contact
NOTES:	

#### **OTHER INSTRUCTIONS**

I'm in	cluding with this Farewelling File the following important docs.
0	Deeds or Proof of Ownership for Home, Car, etc.  Business-related Documents  Insurance Policies  Pre-Arranged Funeral Plans
٥	Pre-Paid Funeral Plans
notes: _	

#### PET-RELATED INFORMATION

Here are some instructions related to my sweet pets and their future care.

Pet No	ame
	Type of Pet
	Vet Contact Info
NOTES:	
Pet No	ame
	Type of Pet
	Vet Contact Info
NOTES:	
Pet No	ame
	Type of Pet
	Vet Contact Info
NOTES:	

#### MY BILLS

If you need to contact utilities, etc., here's my info

Cable	Company
	Account Number
	Password
Phone	Company
	Account Number
	Password
Interne	et Company
	Account Number
	Password
Gas/ E	lectric Company
	Account Number
	Password
Other	
	Account Number
	Password

#### 4. WELL REMEMBERED: MY STUFF AND THINGS I'M LEAVING BEHIND

There are some objects and items of value that are not noted in any last will or testament, but I'd like to note them here, along with instructions about what to do with them.

Item			
Item			
NOTES:			
Item			
Item			
Item			
NOIES			
ltem			
NOTES:			
Item			
IIDIII		,	
NOTES:			

#### MY SOCIAL MEDIA LEGACY

Here's what I'd like you to do with my social media accounts after I'm gone.

Facebook	
Username	Password
NOTES:	
T 211	
Twitter	
Username	Password
NOTES:	
Instagram	
Username	Password
NOTES:	
Other	
	Password
Other	
Username	Password
NOTES:	

#### **OTHER DIGITAL STUFF**

I'm including some other important log-in information here (my personal or business websites and other online accounts).

Account/Website
User Name
Password or Pin
NOTES:
Account/Website
User Name
Password or Pin
NOTES:
Account/Website
User Name
Password or Pin
NOTES:
Account/Website
User Name
Password or Pin
JOTES:

# 5. WELL PLANNED: MY WISHES FOR A FUNERAL SERVICE AND/OR CELEBRATION

I wanted to share some wishes here, so that everyone will be on the same page.

I've already pre-arranged my funeral with a funeral provider: YES $/$ NO
I've set aside money for my funeral expenses: YES / $NO$
The funeral provider I'd like you to use is
Name / Contact
You will find my funeral wishes:
☐ You'll find my funeral wishes in my will.
☐ You'll find my funeral wishes described below.
→ You'll find my funeral wishes
I want a funeral that is as eco-friendly as possible: YES / NO  Here's what I'd like done with my body after I die:
Here's why I've made that choice:

If there's any confusion or issue, here's what's most important to me about what is done with my body/ashes:			
Here's what I don't want	:		
Words I'd use to describe	e my ideal funeral service:		
Traditional	Religious	Intimate	
Eco-friendly	Non-religious	Artistic	
Alternative	Spiritual	Upbeat	
Understated	Quirky	Irreverent	
Family Only	Natural	Whatever	
Other:			

Here's what's most important to me about my funeral service:
Here's what I really don't want, just in case you're unsure:
I'd like to recommend a style of dress or color palette for my service:
Here's why I'd like that kind of mood/color palette.

#### **ELEMENTS I'D LIKE INCLUDED IN MY FUNERAL SERVICE**

	A viewing
	Here's what I'd like to wear, and any accessories I'd Like:
_	Do ardin are
_	Readings  1
	2
	3
Othor	
Omer	notes about my service (details of music, readings, etc. follow on the next pages):

#### A CELEBRATION OF HOW MUCH LIFE MEANT TO ME

Separate from the service itself, if there is another farewelling celebration for me, here are some words I'd use to describe how I'd hope it would feel

	Grand	Quiet	Raucous	Whatever you like
Elegant	Hike	Modern	Bohemian	Dance Party
Eco-friendly	Foodie	Chic	Natural	Unexpected
Vintage-style	Brunch	Lunch	Cocktails	Dinner
Other words that	describe the l	kind of farewe	lling I'd like:	
what kind of mus	sic I'd like:			ate from the service, here's
l have specific re	equests for mu	sic at particulo	ar moments in i	my service or celebration:
•	-	-		ny service or celebration:
Moment		Mod	od/Song	•

If you'll serve food and drinks at the celebration, some of my favorites are:
Here are some notes on decor, flowers or other elements and details that I love:
I do have some photos I really like. If you want to use them for anything, you can find them:
I have a bit more to say about the celebration of my life. Here goes:

#### WORDS THAT MATTER: MY EULOGY AND OBITUARY

n facts abou	t me that might be nice to share:
ust sa vau ha	ve some context, here's what I don't want for my eulogy/obituary:

If I had to write my own epitaph, here's what it might say:		
One year after I'm gone, I'd love it if you'd celebrate my memory by doing this:		
A NOTE FROM ME TO YOU:		

#### KIND OF RANDOM BUT POSSIBLY IMPORTANT OTHER DETAILS

I'm including details here just on the things that apply to me.

I have:
A Vacation home
A Rental Timeshare
A Paid Storage Space
Items or Cash Hidden Somewhere
Other
Other
Other
THANK YOU FOR TAKING CARE OF THIS FOR ME.



Celebrating a beautiful life, beautifully

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